

Dear Friends

As you know today is Ash Wednesday. When I was a small boy, I used to think that it had something to do with potato ash which was one of my favourite meals then...and still is to this day! Of course, Ash Wednesday is the first day of Lent, a day on which in some churches people are marked on the forehead, with ashes, with the sign of the cross. This marks their commitment to Jesus Christ and God, shows that they are sorry for the wrong things they have said and done in the past year and is a reminder that from dust we came and to dust we will return.

After being baptised by John in the river Jordan, Jesus went off alone into the wilderness where he spent forty days asking himself the question what it meant to be Jesus. During Lent, Christians are supposed to ask, in one way or another, what it means to be themselves.

Frederick Beuchner was an American Presbyterian minister and author, described as one of the truly great writers of the twentieth century. He suggested some of the questions we should ask ourselves during Lent and I would like to share those questions with you:

- 1) If you had to bet everything you have on whether there is a God or whether there isn't, which side would get your money and why?
- 2) When you look at your face in the mirror, what do you see in it that you most like and what do you see in it that you most deplore?
- 3) If you had only one last message to leave to the handful of people who are most important to you, what would it be in twenty-five words or less?
- 4) Of all the things you have done in your life, which is the one you would most like to undo? Which is the one that makes you happiest to remember?
- 5) Is there any person in the world, or any cause, that, if circumstances called for it, you would be willing to die for?
- 6) If this were the last day of your life, what would you do with it?

Fred Beuchner concludes: To hear yourself try to answer questions like these is to begin to hear something not only of who you are but of both what you are becoming and what you are failing to become.

All in all, it can be a pretty depressing business, but if sackcloth and ashes are at the start of it, something like Easter may be at the end.

Blessings,

Allan

## **Resources/Good News**

### **WorkWell –**

#### **A new initiative to support the health and wellbeing of Surrey residents to stay in work**

Have you or someone you know been unwell and had to take time off work recently? If you're a Surrey resident and have had time off work or are at risk of taking time off due to your health, you may be eligible for a free one-to-one confidential coach. Depending on your needs, a WorkWell coach can offer you support and help you to access specialist advice in skills and employment, mental health and physical activity within 7 days! For more information and to complete a referral form visit [surreycc.gov.uk/workwell](https://surreycc.gov.uk/workwell)

### **COVID-19 Day of Reflection | Sunday 9 March 2025**

Sunday 9 March 2025 is the Day of Reflection across the UK for the COVID-19 pandemic.

It is an opportunity to come together to remember those who lost their lives since the pandemic began and to honour the tireless work and acts of kindness shown during this unprecedented time.

2025 marks five years since the pandemic began and we continue to honour and remember those affected.

People and communities are invited to come together on the COVID-19 Day of Reflection, to mark the day in ways that feel meaningful to them.

[COVID-19 Day of Reflection 2025](#)



# Circuit Mission Supper Saturday 8 March 2025

**Trinity Methodist Church Woking  
6.00 for 6.30pm**

Fish & Chips (battered sausage/Vegan options available)

Cost £10 – tickets available from church stewards.

Bring your own crockery & cutlery

## **Speaker - Trey Hall**



Trey Hall is a Methodist pioneer, church planting strategist, and evangelist. Since 2000 he has established and led churches in the United Kingdom and the United States, served as Mission Advisor for the Birmingham District of the Methodist Church in Britain, and coached scores of practitioners renewing inherited forms of church or launching fresh expressions of church.

# FINDING HOPE IN HARD PLACES

A SERIES OF LENT REFLECTIONS



ST MARY'S  
QUARRY ST  
GU1 3UP

12.30 – 13.30

THURSDAYS  
13, 20 & 27 MARCH  
3 & 10 APRIL

**SAVE THE DATES!**

FOLLOWED BY  
A BREAD AND SOUP LUNCH

## STOUGHTON METHODIST CHURCH

*(On the corner of Stoughton Road and Grange Road)*

### COFFEE CORNER & Warm Space

Tuesdays from 10 am – 12 noon



4<sup>th</sup> March  
11<sup>th</sup> March  
18<sup>th</sup> March  
25<sup>th</sup> March



Enjoy Coffee & a Chat, Coffee & a Game, or Coffee & a Book

The choice is yours!

**Everyone welcome – bring a friend!**

**Make the most of your Saturday mornings**

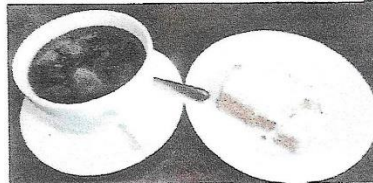
**Addlestone Methodist Church**

**Coffee mornings every Saturday**

**From 10am to 12 noon**

**Enjoy a Coffee/Tea and Cake**

**for just £2**



**Coffee morning hosts each Saturday :  
Addlestone Methodist Church hosts all coffee  
Mornings except for the last of the month**

**Last Saturday of the month –  
5<sup>th</sup> Addlestone Scouts**

**1<sup>st</sup> Saturday of every month-  
Play Fun Bingo, donations to– Sam Beare  
Hospice or Open doors charity.  
3<sup>rd</sup> Saturday Quiz time, test your mind.  
2<sup>nd</sup> and 4<sup>th</sup> Saturdays, Let us Sing. Popular  
Hymns or Songs. Choir backing.  
Check notice board for any changes**





Stay for FREE tea,  
coffee & a chat

## Clothes4U

Pre loved clothes with TLC  
from

**Knaphill Methodist Church**

Broadway, Knaphill, Surrey GU21 2DR



**Saturday 15 March 2025 2 - 4pm**

To claim your FREE clothes, collect a voucher from 30+ places in Surrey.

Email us to find out where they are: [clothes@knaphillmethodist.co.uk](mailto:clothes@knaphillmethodist.co.uk)



All are welcome to join us for tea, coffee, cake & a chat in a friendly environment



Whether you're looking for clothes for yourself, friends, or family



We have lovely, pre-loved clothes for everyone to take away & enjoy wearing



We look forward to meeting you & your family



If you would like to donate clothes, please contact us on the email below



If you would like to volunteer, we would warmly welcome your help

[www.knaphill-methodist-church.com/clothes4U](http://www.knaphill-methodist-church.com/clothes4U)

[clothes@knaphill-methodist-church.com](mailto:clothes@knaphill-methodist-church.com)

**DONATIONS - NOT NEEDED!**

Due to huge generosity lately from the residents of Knaphill and beyond, clothes donations are not being accept at all for the time being.

**Saturday 22 March 2025, Knaphill Coffee Morning:**

**MONTHLY COFFEE MORNING**

**AND SALE**

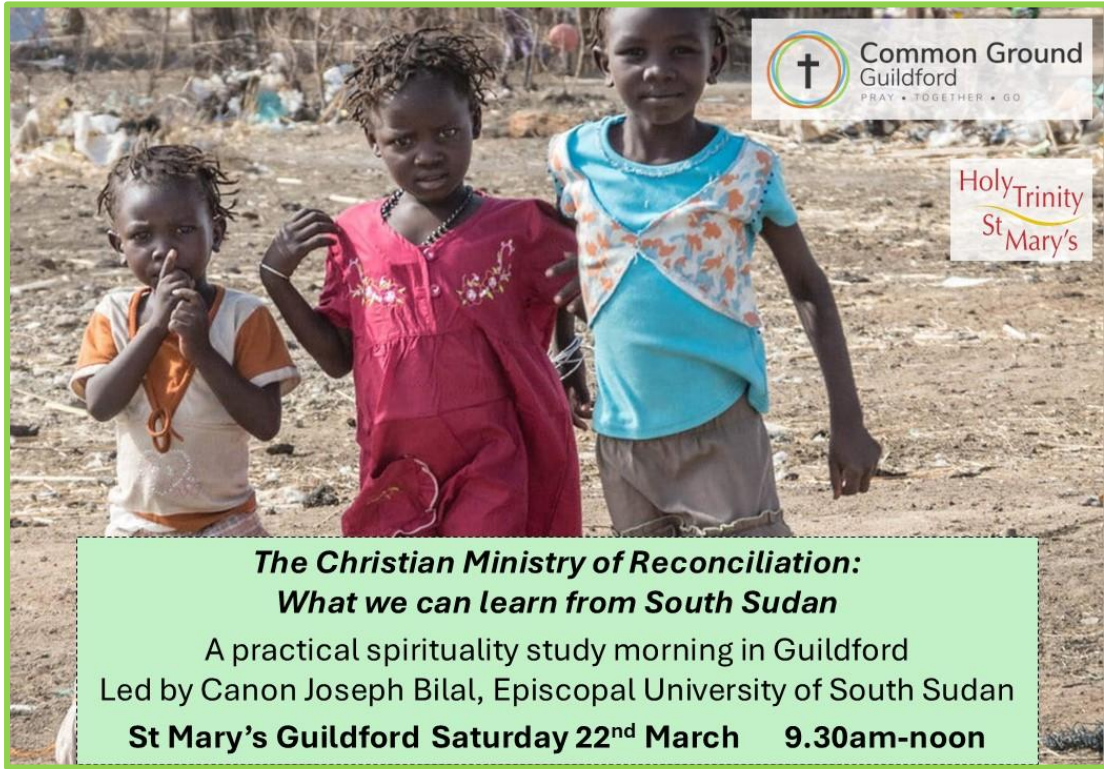
TEA  
COFFEE  
BISCUITS  
BACON BUTTIES


**BOOKS, DVDs,  
JIGSAWS, CAKES,  
BRIC-A-BRAC & MORE**

**KNAPHILL METHODIST CHURCH HALL**

**4th Saturday every month (except December)**

**10am to Noon**




**Common Ground  
Guildford**  
PRAY • TOGETHER • GO

**HolyTrinity  
St Mary's**

**The Christian Ministry of Reconciliation:  
What we can learn from South Sudan**  
 A practical spirituality study morning in Guildford  
 Led by Canon Joseph Bilal, Episcopal University of South Sudan  
**St Mary's Guildford Saturday 22<sup>nd</sup> March 9.30am-noon**







# NEW! **THE SUNFLOWER CAFE**



Enjoy a cuppa, biscuits and great company at The Sunflower Cafe. The cafe is aimed specifically at individuals living with Dementia and their carers providing them the opportunity to meet with others in a welcoming environment!



**Godalming Baptist Church, 15 Queen Street, Godalming, GU7 1BA**

**Nearest Parking: Queen Street Pay & Display next to the Church or Crown Court Car Pay & Display approx. 2-minute walk.**

**11:00 am - 12:30 pm**

**Thursday 13th February 2025**  
**Thursday 13th March 2025**  
**Thursday 17th April 2025**  
**Thursday 8th May 2025**  
**Thursday 5th June 2025**



# 2025 open GARDENS

in aid of Phyllis Tuckwell

*Do you love  
your garden?*

Why not open your garden to friends and family, or join our public 2025 Open Gardens campaign, and help raise money for local hospice care.

*Call for  
gardens*

*Scan me!*



Gardens of all size and design can take part. If you have a unique and interesting garden we would love you to join our 2025 Open Gardens. You could even get together with your neighbours and do a group opening.

**To find out more and to arrange a garden visit by our team please call 01252 729446 or email [fundraising@pth.org.uk](mailto:fundraising@pth.org.uk)**