

## **Blessings and New Beginnings: A Message for the Wey Valley Circuit 2025–2026**

### **A Call to Uphold Confidentiality and Embrace Community**

Dear Beloved Members of the Wey Valley Circuit,

As we embark on the journey into the Methodist Year 2025–2026, our hearts are filled with hope, gratitude, and a renewed sense of purpose. Revelation 21:5 reassures us:

*"Behold, I am making all things new."*

This new chapter is not merely a change in date but a sacred opportunity for renewal—an invitation to deepen our commitment to living out the Gospel with integrity, compassion, and trust. As a circuit comprising 13 vibrant churches, our strength lies in our unity, our shared faith, and our mutual care.

Today, I wish to highlight a vital aspect of our life together: **confidentiality**.

In our ministry, whether as clergy, lay leaders, or congregants, we are entrusted with the personal stories, struggles, and vulnerabilities of those around us. These moments are sacred. They are not for gossip or casual sharing, but for prayerful support and respectful discretion.

Throughout my years in ministry, I have seen how breaches of confidentiality can cause profound harm, hurting individuals deeply and damaging trust within our community. Conversely, honouring confidence fosters a safe space where healing and growth can flourish. As Scripture teaches us, Christ's love never shames or exposes but embraces with dignity. Even with good intentions, careless words can cause lasting harm. Upholding confidentiality is a sacred duty—an act of love that preserves dignity and trust.

I also want to emphasise that confidentiality is not only a matter of professional ethics or work practice; it's a calling for everyone. It's not confined to pastors, counsellors, or professionals—it's for families, friends, neighbours, and anyone who walks the streets. We are all called to watch, listen, see, and react at the appropriate time, with wisdom and love. When we choose to honour what is shared in confidence, we demonstrate Christ's love in action.

In our Wey Valley Circuit, I invite us all to renew this commitment. Let us:

- Respect what is shared in confidence.
- Pray privately and faithfully, avoiding turning prayer into gossip or speculation.
- Be mindful of our words, recognising their power to build up or tear down.

As James reminds us:

*"The tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark."* (James 3:5)

As we begin this new year, I encourage each of us to reflect:

- How can I better uphold confidentiality in my daily interactions?
- How can I create a safe, trustworthy environment within my church and community?

- In what ways can my speech more closely mirror the grace and love of Christ?

We also rejoice in the milestones and blessings among us:

- In August, Merrow Methodist Church celebrated 100 years of faithful service by Mr Frank Winder, a testament to enduring dedication. Happy Birthday, Frank.
- Our lively tea and coffee programmes at Stoughton and West Horsley continue to be warm spaces of welcome and fellowship.
- Looking ahead, we are excited about the upcoming **International Afternoon at Stoughton Methodist Church**

*Sunday, 7th September 2025, at 2:00 pm.*

Preached by Rev Dr Paul Glass, this event promises to be a vibrant celebration of diversity and unity—"like a United Nations gathering." Post graduate students in the Stoughton area are being asked to join with the Church for worship and food.

A heartfelt thanks to those connected with Stoughton who are making this possible. Moments like these remind us that when we walk together in love and faith, the Spirit moves powerfully among us.

As we journey into this new year, let us do so with courage, compassion, and a commitment to uphold each other's dignity. May our churches be places where trust flourishes, stories are held with care, and every person feels safe to be seen, heard, and loved.

May God bless you abundantly. May His Spirit guide us in faithfulness, and may our words always reflect the heart of Christ.

*"Integrity is choosing courage over comfort; choosing what is right over what is fun, fast, or easy."* — Brené Brown

*"Let your words be the seeds of healing, not the sparks of harm."* — Unknown

*"A broken bone can heal, but the wound a word opens can fester forever."* — Jessamyn West.

Thank you.

With every blessing,

Rev George K. Quarm

### Resources/Good News

#### **Heritage Open Days 2025: 12-21 September**

Heritage Open Days celebrates England's fantastic architecture and culture every year in September. It is a once-a-year chance to discover hidden architectural treasures and enjoy a wide range of tours, events and activities which bring to life local history and culture.

Free of charge and literally on people's doorstep, Heritage Open Days is an event for everyone, whatever their background, age and ability.

There are fascinating stories to uncover at our historic houses, buildings and museums.

[Heritage Open Days 2025 - Events in Surrey](#)



**St Mary's Church Quarry St  
Guildford GU1 3UP**

***Heritage Open Days***  
***12 – 14 September***

**Friday & Sunday 12.00 – 16.00**  
**Saturday 10.00 – 16.00**

*\*also open 16 & 18 September 11.00 – 15.00*

*including*

**‘OUR TIME 2’**  
*exhibition of art  
from prisoners at HMP Send*

***Refreshments available***

# South East District Welcome Service



Join us as we welcome our new Chair of District, Rev Conrad Hicks



**Saturday 6<sup>th</sup> September**

**3pm, followed by refreshments**



**Redhill Methodist Church, RH1 1BP**



And streamed online

visit [www.methodistsoutheast.org](http://www.methodistsoutheast.org) in early September for streaming instructions



The **Methodist Church**  
South East District



**Inspire**

**Enable**

**Encourage**

## STOUGHTON METHODIST CHURCH

*(On the corner of Stoughton Road and Grange Road)*

### COFFEE CORNER

Tuesdays from 10 am – 12 noon



**5<sup>th</sup> August**

**12<sup>th</sup> August**

**19<sup>th</sup> August**

**26<sup>th</sup> August**

**2<sup>nd</sup> September**

**9<sup>th</sup> September**

**16<sup>th</sup> September**

**23<sup>rd</sup> September**

**30<sup>th</sup> September**



Enjoy Coffee & a Chat, Coffee & a Game, or Coffee & a Book

The choice is yours!

**Everyone welcome – bring a friend!**

# **You are invited to a Cream Tea**

**At Godalming United Church, Bridge Road,  
Godalming GU7 3DU**

**Saturday 6th September 2025**

**2.30pm to 4.30pm**

**In the GUC Church Gardens or River Room  
(depending on the weather!)**

**Donations in aid of the Gambian Ophthalmic Project  
which provides funds for cataract operations and  
follow-up care.**



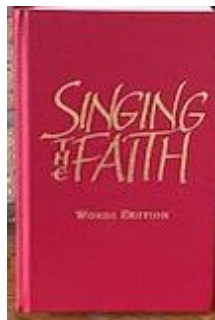


**70 years at**  
**MERROW METHODIST CHURCH**

*Join us for a*

**SONGS OF PRAISE  
SERVICE**

**On  
SUNDAY 14<sup>TH</sup> SEPTEMBER at 6.30PM**







*We'll be joined by the **President and Vice-President of the Methodist Conference, Revd Richard Andrew and Matthew Forsyth.***

*The service will be taking place in Notting Hill Methodist Church, London, W11 4AH on **Monday 8 September 2025** and all are welcome!*

*If you're coming, please help us keep track of numbers by filling out the short form on our website: [Harvest Celebration Service – All We Can](#)*

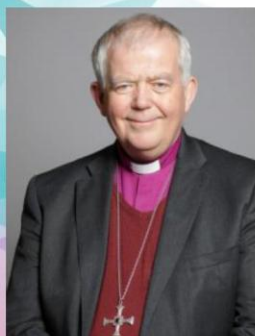
*Additionally, we have set up a **live stream** so that those who cannot join us in London but would like to take part can do so. Here is the livestream link:  
[https://www.youtube.com/live/XZZqSHjt3\\_o?si=SO4\\_QI-P0H4uhelC](https://www.youtube.com/live/XZZqSHjt3_o?si=SO4_QI-P0H4uhelC)*



## Study Day: Speaking of Justice in Worship and Preaching



**Rachel Lampard**  
Director of Social  
Justice & Social Action  
for The Methodist  
Church  
She is talking on  
*Politics in the Pulpit?*



**Right Reverend Nick Holtam**  
Bishop of Salisbury from 2011  
until his retirement in 2021.  
He is talking on *Study this  
age, sense its need, preach  
to its condition – preaching in  
such a time as this.*

**Saturday 11th October 2025 from 10.00am to 2pm**

**At Dorset Gardens Methodist Church, Brighton, BN2 1RL [dgmc.org.uk](http://dgmc.org.uk)**

**Refreshments: Tea, coffee will be available from 9.30am.**

**Please bring a packed lunch, hot drinks & soup will be available.**

**Rachel Lampard**, Director of Social Justice & Social Action for The Methodist Church

Rachel Lampard has worked for many years to help churches to engage with issues of social justice, particularly through the Methodist Church and the ecumenical Joint Public Issues Team. She is currently the Director for Social Justice and Social Action for the Methodist Church and served as the elected Vice-President of the Methodist Conference in Britain between 2016-17.

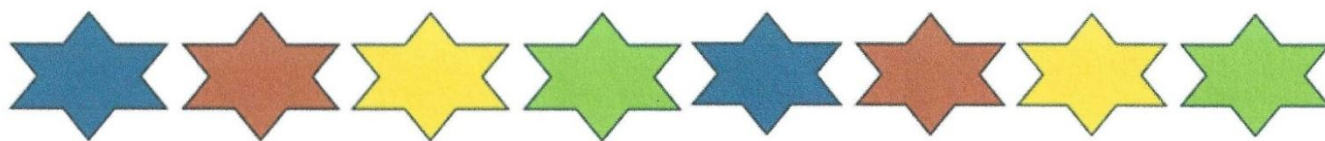
Rachel has also spent over a decade working for the Gambling Commission, seeking to regulate the industry to prevent gambling harm, and received an MBE for services to gambling regulation. She is a trustee of the youth work charity, Worth Unlimited, and Chair of Governors at an east London secondary school. She lives in Walthamstow, east London, where she spends much of her time trying, and failing, to keep up with the rest of her cycling-mad family.

**Right Reverend Nick Holtam**. He served as Bishop of Salisbury from 2011 until his retirement in 2021.

Nicholas Holtam was ordained deacon in the Church of England in 1979 to a curacy at St Dunstan's Stepney and retired from stipendiary ministry in 2021 as Bishop of Salisbury and the Church of England's lead bishop on the environment. In between he taught Ethics and Mission at Lincoln Theological College and was the vicar of two parishes – the Isle of Dogs in East London and St Martin-in-the-Fields, Trafalgar Square, where he was a regular broadcaster of worship, mostly on BBC Radio 4 and the World Service. He has therefore preached in a wide variety of contexts and will talk about the purpose and context of preaching, drawing on a variety of examples and issues from his experience.

Please contact Steve Preston [steve.preston@brightonhovemethodistcircuit.org.uk](mailto:steve.preston@brightonhovemethodistcircuit.org.uk) to register attendance and if you have any questions.





**Saturday morning events at the  
Addlestone Methodist Church Café on  
Station Road**



***Come along between 10am and  
12 to enjoy tea/coffee and cake  
and join in with activities***

**EVERY MONTH**

**1<sup>st</sup> Saturday – Fun Bingo**

*Donations to Sam Beare Hospice or  
Open Doors Charity*



**2<sup>nd</sup> Saturday – A time to sing – favourite  
hymns & songs**

**3<sup>rd</sup> Saturday – give popular games a go**



**4<sup>th</sup> Saturday – Hymns, songs  
and time for prayer**

*Check notice board for any changes*



# SHARP: Surrey Healthy Ageing Research Partnership

Are you interested in why some people are more prone to illness with older age, or how we may extend healthy-life span and independent living

**Then join us at the University of Surrey for tea and coffee and a chance to learn about our research on healthy ageing.**

**On Tuesday 9<sup>th</sup> September 2025, from 2pm-4pm, in the Rik Medlik Building, University of Surrey, we will open our doors to older adults within the local community.**

**You will have the chance to hear about our research, see posters, can ask questions, and find out what it means to take part in research, and we will provide refreshments!**

**If you would like to attend, please RSVP by email: [SHARP@surrey.ac.uk](mailto:SHARP@surrey.ac.uk)**



# SHARP: Surrey Healthy Ageing Research Partnership

**Tuesday 9<sup>th</sup> September from 2-4:30pm, in the Rik Medlik Building, University of Surrey**

## **Open Afternoon Schedule**

1:50pm	Arrival with tea, coffee and refreshments
2:00pm	Welcome by Dr Natalie Riddell
2:10pm	<b>Talk 1. Dr Frances Sanders:</b> <i>The AiH project: co-developing hospitable and age-inclusive communities</i>
2:25pm	<b>Talk 2. Dr Kiran Ravindra:</b> <i>Sleep monitoring technologies for improving health and sleep in older adults</i>
2:40pm	Questions and answer session
3:20pm	Meet the researchers and a poster and demonstration exhibition
4:25pm	Close

**Please note that access to the Rik Medlik building will not be possible before 1:50pm**