

Sunday 8th August 2021

This short act of worship has been prepared for you to use whilst we are unable to use Methodist Church premises. We invite you to spend a few moments with God, knowing that other people are sharing this act of worship with you.

Opening Prayer

Living One, as we turn our thoughts to you we acknowledge you as the source of life; we bless you for your goodness; and give thanks for your love. As we come to you in worship, lift our eyes from the horizon of our lives, and guide our thoughts and prayers that we may see you more clearly, love you more dearly and follow you more nearly, today and every day. Amen.

Hymn: STF 34 – O worship the Lord in the beauty of holiness
Sing/ Read /pray /proclaim the words

[O worship the Lord in the beauty of holiness \(StF 34\) \(methodist.org.uk\)](#)

O worship the Lord in the beauty of holiness,
bow down before him, his glory proclaim;
with gold of obedience and incense of
lowliness,
kneel and adore him:the Lord is his name.

Low at his feet lay your burden of carefulness,
high on his heart he will bear it for you,
comfort your sorrows, and answer your
prayerfulness,
showing the pathway your feet should pursue.

Fear not to enter his courts in the slenderness
of the poor wealth you would count as your
own;
truth in its beauty, and love in its tenderness,
these are the offerings to bring to his throne.

These, though we bring them in trembling and
fearfulness,
he will accept for the name that is dear;

mornings of joy give for evenings of
tearfulness,
trust for our trembling, and hope for our fear.

O worship the Lord in the beauty of holiness,
bow down before him, his glory proclaim;
with gold of obedience and incense of
lowliness,
kneel and adore him:the Lord is his name.

John Samuel Bewley Monsell (1811-1875)

Let us pray together;

Eternal One, we lift our voices in praise as we
remember your holiness and your
faithfulness.

Beyond anything that we can imagine and yet
present with us and around us, we know you
to be full of grace and forgiveness. We bring
our lives before you and ask that you show us
where we need to change and that you enable
those changes in us which bring us closer to
you. If there is anything we are particularly
aware of that we need to confess we do so
now in the knowledge of your all embracing
love for each one of us as shown to us in
Jesus. Amen.

Today's Reading from the Epistle:

Ephesians 4:25 – 5:2

Today's Gospel Reading: John 6: 35, 41-51

Time to Reflect

To be a Christian is to live in relationship with
God through Jesus and with each other. This is
the message that comes across in our
readings today.

The Gospel reading is part of the discussion
between Jesus and the crowd in which Jesus

describes himself as the Bread of Life. In the wilderness the Israelites had to put their trust in God to provide the physical food to sustain them day by day on their journey and in this part of the discussion Jesus is saying, 'take me into your very being, make me the foundation of your life, put your trust in me and I will provide the spiritual food you need to sustain you on your journey to eternal life.'

The reading from the letter to the Ephesians gives some rules for living and ends with the command to be imitators of God, as beloved children, and to live in love, as Christ loved us. We are made in the image of God ... children of God ... and we are being called to be true to that image ... to love God and our neighbour ... for when you look at the reasons for the rules they are all about relationship. Speak the truth for we are members of one another; don't live by stealing from others but work honestly so as to have something to share with the needy; don't speak evil with your mouth but use your words to build one another up and give grace to those who hear; forgive one another as God in Christ has forgiven you.

Take a time to sit quietly

A time of prayer

Loving One, we lift our world to you.

We lift to you all those places where natural forces have caused devastation and hardship. Give wisdom, humility and courage to those in leadership as they seek to find solutions to the issues facing us and teach each one of us how we too can help.

We lift to you all those places where greed, lust for power and prejudice have been allowed to take root. Raise up leaders to fight injustice and hatred and teach each one of us how we too can help.

We lift to you all those who have suffered as a result of this pandemic both directly and indirectly. Give strength and understanding to all those working to combat it and teach each one of

us how we too can help.

We lift to you all those known to us who are sick or in need, naming them here
May they know your healing in their lives and teach each one of us how we too can help.

We bring all these our prayers in the name of Jesus, our Lord and Saviour. Amen

The Lord's Prayer

Our Father

Hymn: Listen to STF 50 - *Great is the Lord and most worthy of praise* or sing a verse of a hymn that comes to mind

[Great is the Lord and most worthy of praise - YouTube](#)

Great is the Lord and most worthy of praise,
the city of our God, the holy place,
the joy of the whole earth.
Great is the Lord in whom we have the
victory,
he aids us against the enemy,
we bow down on our knees.
And Lord, we want to lift your name on high,
and Lord, we want to thank you,
for the works you've done in our lives;
and Lord, we trust in your unfailing love,
for you alone are God eternal,
throughout earth and heaven above.

Steve McEwan

A prayer of blessing

Now to him who is able to keep you from falling, and to make you stand without blemish in the presence of his glory with rejoicing, to the only God our Saviour, through Jesus Christ our Lord, be glory, majesty, power, and authority, before all time and now and for ever. Amen.

And the grace of our Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with each one of us now and for ever. Amen.

Original Materials by Mary G Elms

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Local Churches please insert CCLI No here

Ephesians 4:25-5:2

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

John 6: 35, 41-51

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread

that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'